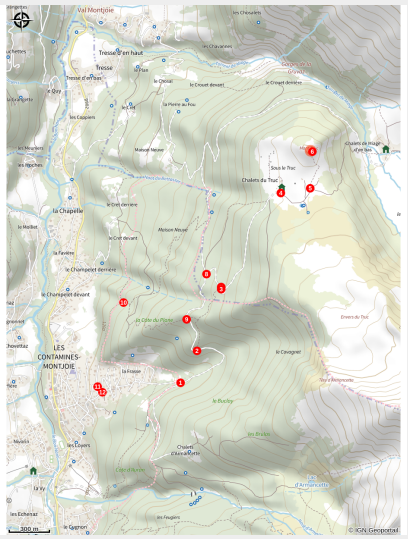
Loop trail around Chalets du Truc via Côte du Plane

CC Pays du Mont-Blanc - Saint-Gervais-les-Bains

Chalets du Truc (Geoffrey Garcel - CEN 74)



A delightful journey to discover the forests and mountain pastures.

From the tranquility of the mountain forest to the open landscapes of mountain pastures, this hike shows you the magical diversity of the high-altitude landscapes.

Useful information

Practice : Summer hike

Duration : 3 h 30

Difficulty : Easy

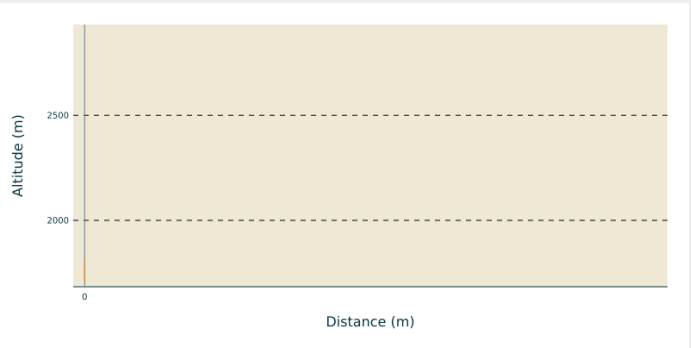
Type : Boucle

Themes : Fauna

Trek

Departure : Parking « la Frasse », Les Contamines-Montjoie
Arrival : Parking la Frasse, Les Contamines-Montjoie
Cities : 1. Saint-Gervais-les-Bains

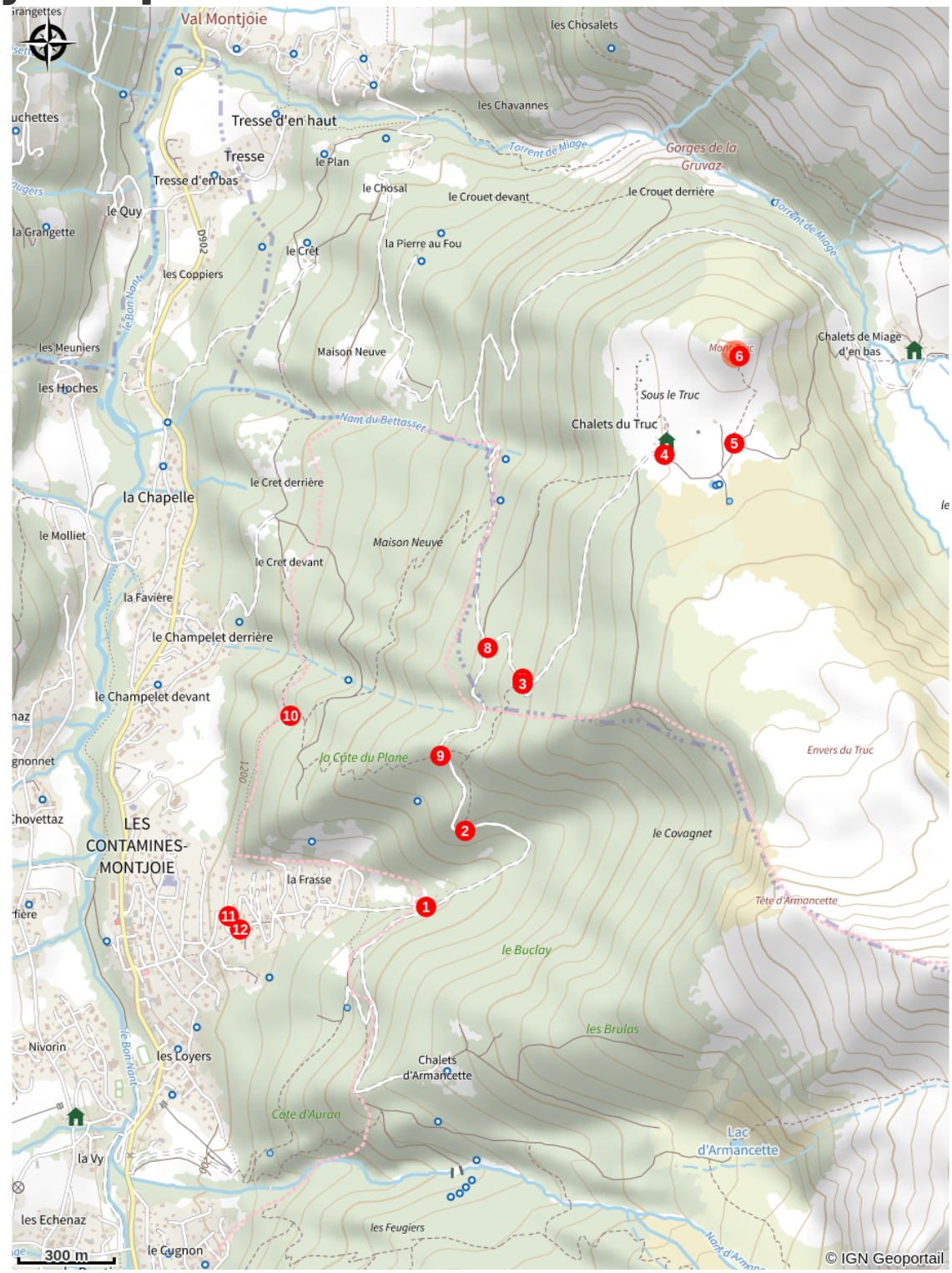
Altimetric profile



Min elevation 1808 m Max elevation 1808 m

From the car park, go up the forest track to the intersection. At the intersection, turn left on the forest track to "Chalets du Truc". Leave the forest track and take the path on your right. Turn right and continue on the upgoing forest track. You have arrived at "Chalets du Truc". To continue to "Mont Truc", continue on the same path. At the bifurcation, turn left and follow the path on the slopes of "Mont Truc". You have arrived. The return is by the same route to point 7. Continue on the forest track. At the bifurcation, take the forest track on the left. Turn right on the down-going path. At the bifurcation, turn left. Cross the paved road and take "Chemin du P'tou". Follow the path to the car park.

On your path...


Val Montjoie
les Chosalets
les Chavannes
Tresse d'en haut
Tresse
Tresse d'en bas
le Plan
le Chosal
le Crouet devant
le Crouet derrière
Torrent de Miage
Gorges de la Gruvaz
le Quy
la Grangette
le Crêt
la Pierre au Fou
les Coppiers
le Bon Nant
les Meuniers
les Hoches
Maison Neuve
Chalets de Miage d'en bas
Sous le Truc
Chalets du Truc
Nant du Bettasset
la Chapelle
le Cret derrière
le Molliet
Maison Neuve
le Cret devant
la Favière
le Champelet derrière
le Champelet devant
la Côte du Plane
Envers du Truc
le Covagnet
LES CONTAMINES-MONTJOIE
la Frasse
Tête d'Armancette
le Buclay
les Brulas
Nivorin
les Loyers
Chalets d'Armancette
Côte d'Auran
Lac d'Armancette
la Vy
les Echenaz
les Feugiers
le Cugnon
300 m
© IGN Geoportail

All useful information

⚠ Advices

Always exercise caution and plan ahead when hiking. Asters, CEN 74 cannot be held responsible for any accident or incident that may occur on this trail.

How to come ?

Access

Drive to the village of Les Contamines-Montjoie. From the centre of the village, take the "La Frasse" road on the left, which leads to the hamlet of La Frasse. Continue to the end of the road and park in the car park of the same name.

Advised parking

Parking la Frasse