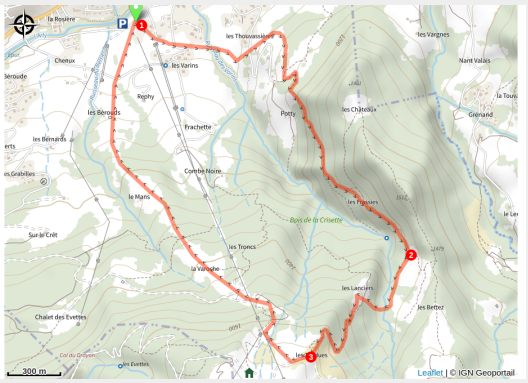
La Drè Yo: ski touring in Praz-sur-Arly

CC Pays du Mont-Blanc - Praz-sur-Arly

Bois de la crisette (@geoffreygarcel)



A signposted route with a beautiful climb through the forest before going back down to the ski slopes

Have fun skiing while being aware of your surroundings

Useful information

Practice : Winter Hike

Duration : 2 h 30

Length : 6.7 km

Trek ascent : 668 m

Difficulty : Hard

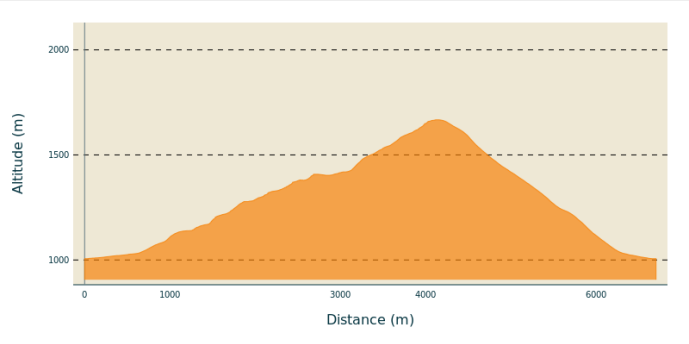
Type : Boucle

Themes : Fauna, Flora

Trek

Departure : des Varins' parking area
Arrival : des Varins' parking area
Cities : 1. Praz-sur-Arly

Altimetric profile



Min elevation 1006 m Max elevation 1667 m

From the ski lift ticket office, head toward the cross-country skiing area and follow the signposts. The first part of the ascent takes you through open meadows with a view of Mont Charvin. Then enter the spruce forest for a long walk to ‘Bettex’ and its traditional mountain pasture farm. Walk along the gently sloping meadow before returning to the woods to cross the stream via the handmade snow bridge. Make your final ascent through the forest, arriving below the ‘Le Serasson’ restaurant. The descent is on the ‘Combe Blanche’ blue slope. For experienced hikers only, there is no escape route to leave this trail.

On your path...

Amphibians in winter (A)

Peat bog vegetation in winter (B)

The funnel principle (C)

All useful information

Animaux acceptés

Votre chien est autorisé dans cette zone d'espace naturel. Il est conseillé de le tenir en laisse. À l'approche d'un troupeau, il est obligatoire de lui mettre une laisse. Par sa présence, son odeur et ses déjections, votre chien peut perturber la biodiversité. Sa divagation dans la nature peut avoir des conséquences lourdes pour la faune sauvage et les troupeaux (transmission de germes, stress de la faune sauvage, destruction des couvées au sol). Les chiens sont interdits en cœur de parcs nationaux et dans la plupart des réserves naturelles.

Advices

For experienced hikers only, there is no easier alternative route to leave this trail. Always be careful and plan ahead when hiking. Asters CEN-74 cannot be held responsible for any accident or inconvenience that may occur on this route. Check the weather conditions before setting off. Mountain Rescue contact details: call 112

How to come ?

Transports

Ligne Sallanches (gare SNCF) -> Praz-sur-Arly
Horaires : Ligne Sallanches (gare SNCF) -> Praz-sur-Arly Horaires :https://www.sat-montblanc.com/sat-rouge.aspx?arbo_id=142

Advised parking

des Varins' parking area

On your path...

Amphibians in winter (A)

Here are 5 factors that can trigger avalanches:- A slope of 30° or more- A place where avalanches have already occurred- A recent rise in temperature- An increase in the weight of the snow cover- A visible weak snow layer. When several of these factors are combined, the risk increases. Consult the Avalanche Risk Assessment (BRA) sheet for your area before each outing and ask a professional for advice before setting off.

Attribution : @Asters-CEN74

Peat bog vegetation in winter (B)

Peat bogs are unique and sensitive wetlands brimming with unique flora and fauna. In winter, sphagnum mosses (Sphagnum sp.), a type of moss found in peat bogs, absorb water (like sponges), which they release in summer when the environment dries out. The butterwort, Pinguicula vulgaris, is a carnivorous plant typical of peat bogs, which in winter takes the form of a small bud measuring around 1cm. This compact shape helps it to survive the sub-zero temperatures. Praz-sur-Arly is the first municipality in Haute-Savoie to voluntarily implement a Wetlands Management Plan. The aim of this plan is to improve farming practices, restore wetlands (such as peat bogs) and raise awareness of these special places that act as “kidneys” of our planet.

Attribution : @laurentDolomez

The funnel principle (C)

The woodier the area in which we are riding (forest edge), the greater the risk of encountering wild animals. We need to be conservative with walking space, follow the right itineraries and not create new footpaths. If you come across an animal, stop and let it walk away peacefully. Avoid the mountain ridges above the tree line so as not to disturb the rock ptarmigan. Let us share this living and breathing territory without making a fuss. Do not forget, we are guests here.

Attribution : @Asters-CEN74